# 2023-2025 Lake County Community Health Improvement Plan



# Quarterly Report

# **Quarterly Report** Structure & Process

The goal of these quarterly reports is to provide public-facing status updates related to the 2023 - 2025 Lake County Community Health Improvement Plan (CHIP) in a timely manner.

All 2023 to 2025 Lake County Community Health Improvement Plan partner organizations, community stakeholders, and interested community members will meet quarterly to report progress toward identified strategies, discuss opportunities to revise or enhance current strategies, and review any emerging Lake County health trends.

Annually, the group will review emerging Lake County health data and determine if revisions to priority areas or selected strategies is warranted. An annual progress update will be issued and widely distributed by Lake County General Health District.

You can find the initial CHIP and other updates for your review at https://www.lcghd.org/lake-county-health-needs-assessment-plan/

# QUARTERLY REPORTS WILL INCLUDE:

- Recap of the previous quarter
- Highlights and challenges
- Goals for the coming quarter
- Breakouts of each workplan with updates
- Any additional notes and callouts pertinent to the success of the Community Health Improvement Plan (CHIP)

# CHIP Overview Q2 2023 Recap & Summary

## **HIGHLIGHTS**

## Torchlight Youth Mentoring Alliance

- The mission of Torchlight is to foster the development of youth to reach their highest potential as responsible, adaptable, caring adults; this is accomplished by providing a quality volunteer mentoring relationship with a supportive adult, as well as educational programs which are supervised by the agency's professional staff.
- Torchlight is getting ready to begin their school-based programs as the school year starts. Torchlight is in the beginning stages of expanding their program in the Mentor schools, which will make four school-based programs in Lake County.
- Torchlight is always looking for new mentors and would be happy to have more within the community-based programs, as well as the school-based programs. There is a specific need for male mentors since they are harder to find; there is a waiting list for male mentees. Many mentors have stated that they got more out of the program than they think that their mentee did and they have really enjoyed the time that they put into the program.

# **CURRENT CHALLENGES**

 Some organizations are reporting that they are experiencing staffing issues, which is leading to project progress slowing down or being stalled.

# **GOALS FOR NEXT QUARTER**

Plan for Q3 2023 (July - September)

- Continue progress on Year 1 activities
- Continue to releases CHIP partner videos on social media

# Priority Area 1: Community Conditions

Strategy 1: Storybook Trails

Objective: By Décember 31, 2025, establish three Storybook Trails in Lake County

municipal, regional, or state parks.

Lead Agency: Lifeline **Measure of Success:** 

1. Number of trails established

**Status Update:** One trail in progress in Painesville

**Year 1 Activities** 

1. Identify funding source

- 2. Engage libraries and community members in target areas
- 3. Work with local, state, regional park systems in target area
- 4. Establish and promote the trails

**Strategy 2:** Lifeline's Lake County Imagination Library **Objective:** By December 31, 2025, increase the number of children enrolled in the Imagination Library to 50% of eligible children, as reported by Ohio's Imagination Library.

Lead Agency: Lifeline **Measures of Success:** 

- 1. Percentage of eligible Lake County children participating
- 2. Number of children in priority zip codes participating
- 3. Number of outreach events/presentations conducted each year
- 4. Percentage of annual fundraising goal reached

**Status Update:** Currently at 60% enrollment

**Year 1 Activities** 

- 1. Collect program participation by zip code
- 2. Set fundraising goal to sustain program and establish fundraising activities
- 3. Engage with providers in priority zip codes; provide program and referral information
- 4. Evaluate Year 1 activities

**Strategy 3:** Supplemental Nutrition Program of Women, Infants, and Children (WIC) Objective: By December 31, 2025, increase WIC caseload by 10% in all Lake County clinic locations.

Lead Agency: Lake-Geauga WIC

**Measure of Success:** 

1. Number of WIC participants

Status Update: Enrollment increasing across all clinics <



- 1. Promote WIC services through social media, health fairs/events, mailings, coalitions, etc.
- 2. Utilize referral systems through Unite Us, Coeffective, and Lake County JFS.













# Priority Area 1: Community Conditions

**Strategy 4:** Lake County Mobile Food Pantry **Objective:** By December 31, 2025, insure that 95% of all available appointments for Lake County's Mobile Food Pantry are full.

Lead Agency: Lifeline **Measure of Success:** 

1. Percentage of appointments filled per location

**Status Update:** 576 people served in May/596 people served in June 🗸

**Year 1 Activities** 

1. Confirm local food pantry dates and locations in 2023

- 2. Identify advertising opportunities in priority census tracts
- 3. Conduct distribution events
- 4. Confirm funding for calendar year 2024









# Priority Area 2: Access to Care

**Strategy 1:** Improve access to healthcare through creation of workforce pipeline and development opportunities to pursue careers in healthcare. Improve inclusive healthcare access for community members, especially those impacted by high cost due to being uninsured or underinsured with a high deductible to improve referrals to

primary care

Objective: By December 31, 2025, create and enhance existing programs for local students to understand and pursue careers in healthcare and address gaps to improve

access to healthcare.

Lead Agency: University Hospitals Lake Health

### **Measures of Success:**

- 1. 50 primary care referrals received
- 2. 15 career fair/day opportunities attended
- 3. 15 college scholarships provided
- 4. 5 new business partnerships created
- 5. 15 employees using Laketran

**Status Update:** Most activities in progress



- 1. Utilize community health workers and community partners to improve access and referrals to primary physicians
- 2. Partner with local schools at career fairs and participate in career days to increase knowledge of opportunities within healthcare
- 3. Partner with local colleges to promote college internships and career fair participation
- 4. Provide career shadowing experiences
- 5. Partner with local business and community partners to create STEM opportunities for early academic engagement
- 6. Partner with Laketran to provide transportation to jobs at UH Lake West
- 7. Address desired raise in qualitative community survey by providing referrals in the community that are inclusive and relatable







# Priority Area 2: Access to Care

**Strategy 2:** Establish a Lake County Healthcare Access Subcommittee. Objectives: By March 31, 2023, convene the first meeting of the Lake County Access to Healthcare subcommittee. By December 31, 2023, review available supplemental data and identify strategic objectives to complete in 2024 and 2025.

**Lead Agency:** Lake County General Health District

### **Measures of Success:**

- 1. Number of subcommittee members
- 2. Number of strategies identified
- 3. Number of strategies with documented progress

**Progress Update**: Meeting Delayed

### **Year 1 Activities**

- 1. Convene committee of interested organizations
- 2. Collect additional data
- 3. Analyze new data
- 4. Identify strategies for implementation
- 5. Create work plans

Strategy 3: Use the Unite Us platform to connect Lake County residents to healthcare providers and community resources/services. **Objective:** By December 31, 2025, increase the number of Lake County organizations

enrolled in the Unite Us platform by 100%.

Lead Agency: Lake County General Health District

### **Measures of Success:**

- 1. Number of Lake County providers using Unite Us
- 2. Number of patient/clients referrals in platform

Status Update: No update on enrollment, need to meet again with Unite Us contact 🔀



- 1. Health education and resource development
- 2. Reach out to 20 providers annually (introduce and recruit)
- 3. Acquire, develop, and standardize bi-annual analytic report to share with partners













# Priority Area 3: Mental Health & Substance Use and Misuse

Strategy 1: University Hospitals Lake Health and public health partners address

opioids/substance use/misuse and mental health. **Objective:** By December 31, 2025 increase knowledge regarding substance use/misuse and associated management, as well as support strategies and improve mental health with a focus on priority populations identified.

**Lead Agency:** University Hospitals Lake Health, with partnerships from other community organizations **Measure of Success:** 

- 1. 50 project DAWN kits distributed
- 2. 100 pounds of unused drugs collected
- 3. 6 music therapy guided support groups held with 20 participants
- 4. 24 community and school education events attended
- 5. 24 community events for mental health services

**Status Update:** Strategies in progress



### Year 1 Activities:

- 1. Participation in biannual National Drug Take Back Days with University Hospitals Lake Health pharmacists providing education and Project Dawn kits
- 2. Music therapist guided support groups aimed at mental health supports
- 3. Depression and suicide awareness events in schools and with community partners
- 4. Smoking, drug use/misuse, and alcohol use education included at community events and schools
- 5. Provide community referrals to accessible mental health services at local clinic and offices, with virtual, affordable access

**Strategy 2:** Initiate a community-wide alcohol use and prevention campaign. **Objective:** By December 31, 2025, establish a county-wide alcohol use and prevention campaign using local service providers.

Lead Agency: Lake County ADAMHS Board

### **Measures of Success:**

- 1. Number of providers utilized
- 2. Number of clients served
- 3. Number of presentations
- 4. Number of social media posts/engagements
- 5. Number of materials distributed

**Status Update:** Campaign development in progress <a></a>



- 1. Use data to identify trends in ETOH use
- 2. Include content Board presentations
- 3. Create social media messaging
- 4. Develop and distribute materials











# Priority Area 3: Mental Health & Substance Use and Misuse

**Strategy 3:** Expansion of treatment and access for Opioid Use Disorder. **Objective:** By December 31, 2025, increase the number of individuals receiving treatment for Opioid Use Disorder.

Lead Agency: Lake County ADAMHS Board

### **Measures of Success:**

- 1. Number of patients receiving Medication-Assisted Treatment (MAT)
- 2. Number of providers offering MAT
- 3. Number of patients receiving withdrawal medications

**Status Update:** Activities continuing



### **Year 1 Activities:**

- 1. Provide residential treatment through LGRC
- 2. Provide recovery housing at LGRC
- 3. Provide prevention screening in the Lake County Courts
- 4. Provide Jail Treatment Program and Opioid Use screenings in the Lake County Jail

**Strategy 4:** Assessing and Managing Suicide Risk (AMSR) Screenings **Objective:** By December 31, 2025, increase the number of local clinicians trained in Assessing and Managing Suicide Risk (AMSR) and expand ongoing suicide awareness and prevention activities.

**Lead Agency:** Lake County ADAMHS Board

### **Measures of Success:**

- 1. Number of clinicians trained
- 2. Number of screenings conducted
- 3. Number of organizations receiving training materials

Status Update: Clinicians being screened 📝



- 1. Contact local providers and provide AMSR trainings for clinicians
- 2. Promote Crisis Text Line, Crisis Hotline, and Compass Line via social media
- 3. Expand relationships with faith-based community
- 4. Partner with organizations who serve individuals at increased risk for suicide











# Priority Area 3: Mental Health & Substance Use and Misuse

**Strategy 5:** Strength of Suicide & Signs of Suicide and Sources of Strength Trainings Objective: By December 31, 2025, increase the number of Lake County schools' staff receiving suicide trainings in the school setting.

Lead Agency: Lake County ADAMHS Board

### Measures of Success:

- 1. Number of trainings implemented
- 2. Number of schools participating
- Number of staff trained

Status Update: Will update when new school year begins 💥



**Year 1 Activities** 

1. Contact school personnel, in order to schedule and conduct presentations

**Strategy 6:** School/Site-Based Mentoring

**Objective:** By December 31, 2025, increase the number of students participating in group mentoring by 20% in Lake County school/site locations.

**Lead Agency:** Torchlight Youth Mentoring Alliance

### Measures of Success:

- 1. Number of site locations
- 2. Number of elementary, middle, and high school mentees
- 3. Number of high school mentors

Status Update: Will have update when new school year begins



- Confirm school/site locations
- 2. Solicit participation from mentees and mentors
- 3. Explore new partnerships for mentors
- 4. Ongoing evaluation of site locations









# Priority Area 3: Mental Health & Substance Use and Misuse

**Strategy 7:** Youth-Facilitated Healthy Relationship Pilot Project **Objective:** By December 31, 2025, establish a youth-facilitated, school based pilot project designed to promote healthy boundaries and relationships. The program seeks to raise awareness of abusive behaviors, reduce or eliminate abusive behaviors and societal tolerance of them, improve mental wellness, and support healthy choices.

**Lead Agency:** Forbes House

### **Measures of Success:**

- 1. Number of students trained as facilitators
- 2. Number of students participating in groups/guided sessions

Status Update: Will have update when new school year begins 💥



- 1. Identify evidence-based program content
- 2. Train youth facilitators
- 3. Conduct sessions
- 4. Evaluate results
- 5. Modify program content as necessary









# Priority Area 4: Chronic Disease

**Strategy 1:** Community engagement to provide screening, education, and support groups to prevent and/or manage chronic diseases.

Objective: By December 31, 2025, increase prevention and early detection, and knowledge regarding chronic diseases and associated management strategies with a focus on identified priority populations.

Lead Agency: University Hospitals Lake Health

### **Measures of Success:**

- 1. 36 health screenings conducted in the community
- 2. 60 community events attended
- 3. 12 diabetes management support activities health
- 4. 50 people participating in diabetes management and support groups
- 5. 5 new partnership opportunities established
- 6. 20 food insecurity event activities conducted

**Status Updates:** Activities in the community ongoing



### **Year 1 Activities:**

- 1. Provide screening and/or educational events by promoting free events within the county, at health fairs, hospital screening events, corporations, senior centers, recreation centers, and libraries
- 2. Provide diabetes management and support groups (goal of 40 participants annually), healthy cooking demonstrations, walking groups/events, wellness support groups, women's and men's health events
- 3. Partner with key community groups including Leadership Lake County, United Way, Black Lives Matter, NAACP, LGBTQ+ Community, and Senior Focused Organizations, such as the Lake County Council on Aging and the Lake County Commissioners in order to meet the needs identified in the CHNA Community Survey
- 4. Target at least 1,000 people via corporations, schools, churches, senior centers, community health fairs, recreation centers, and libraries
- 5. Address food insecurity at community outreach events, farmers markets, free produce distribution in prioritized areas, utilizing community health workers and community partners

**Strategy 2:** WIC Farmer's Market Nutrition Program Objective: By December 31, 2025, increase WIC Farmer's Market Nutrition Program (FMNP) redemption rate to 50% per Lake County location.

Lead Agency: Lake-Geauga WIC

### **Measures of Success:**

- 1. Percentage of Lake County WIC participants who qualify for the FMNP
- 2. Percentage of Lake County WIC participants who redeem the FMNP coupons

**Status Update:** Program is up and running through October 31st 🗸

- 1. Distribute coupons to qualifying families
- 2. Identify new/additional ways to promote FMNP
- 3. Call WIC participants who have received FM coupons and remind them to redeem them by October 31st
- 4. Evaluate promotion strategies and redemption results
- 5. Plan for Year 2









# Priority Area 4: Chronic Disease

**Strategy 3:** Healthy Food Access in Food Pantries

Objective: By December 31, 2025, assist five Lake County food pantries with developing nutrition policies and plans.

Lead Agency: Lake County General Health District

### **Measures of Success:**

- 1. Number of policies implemented
- 2. Number of clients served per food pantry

**Status Update**: Full implementation is complete, policy is signed, guest survey in progress  $\checkmark$ 



### **Year 1 Activities:**

1. Identify food pantries in zip codes scoring higher on food insecurity index, engage stakeholders, assess existing policies, provide tools and resources to enable successful policy implementation

**Strategy 4:** Access to Tobacco Cessation Services

**Objective:** By December 31, 2025, increase the number of referrals by 10% for tobacco cessation programs, through either the Ohio Tobacco Quitline or My Life My Quit.

Lead Agency: Lake County General Health District

### **Measures of Success:**

- 1. Number of referral partners/programs
- 2. Number of referrals

Status Update: 2022-2023 total referrals: Ohio Tobacco Quitline (Adult)- 143, My Life My Quit (Youth)- 3



### **Year 1 Activities**

- 1. Identify tobacco cessation programs and providers in Lake County, engage providers, assess existing referral process, provide tools and resources to enable an increase in referrals
- 2. Evaluate results

**Strategy 5:** Tobacco Retail Licensing

Objective: By December 31, 2025, pass and implement a tobacco retail license ordinance in one Lake County municipality.

Lead Agency: Lake County General Health District

### **Measures of Success:**

1. Number of policies implemented

**Status Update**: Minimal interest from target city at this time



### **Year 1 Activities**

1. Identify the largest city in Lake County that has the highest population of residents, identify stakeholders, look at existing policies in other Ohio cities, provide tools and resources to enable successful policy implementation









