

2023-2025 Lake County Community Health Improvement Plan



Quarterly Report

Q1 2023

Published May 31, 2023

Quarterly Report Structure & Process

The goal of these quarterly reports is to provide public-facing status updates related to the 2023 - 2025 Lake County Community Health Improvement Plan (CHIP) in a timely manner.

All 2023 to 2025 Lake County Community Health Improvement Plan partner organizations, community stakeholders, and interested community members will meet quarterly to report progress toward identified strategies, discuss opportunities to revise or enhance current strategies, and review any emerging Lake County health trends.

Annually, the group will review emerging Lake County health data and determine if revisions to priority areas or selected strategies is warranted. An annual progress update will be issued and widely distributed by Lake County General Health District.

You can find the initial CHIP and other updates for your review at <https://www.lcghd.org/lake-county-health-needs-assessment-plan/>

QUARTERLY REPORTS WILL INCLUDE:

- Recap of the previous quarter
- Highlights and challenges
- Goals for the coming quarter
- Breakouts of each workplan with updates
- Any additional notes and callouts pertinent to the success of the Community Health Improvement Plan (CHIP)

CHIP Overview

Q1 2023 Recap & Summary

HIGHLIGHTS

Healthy Food Access in Food Pantries

- The Lake County General Health District is working with the St. Gabriel Food Pantry to implement Supporting Wellness at Pantries (SWAP), which is a stoplight nutrition ranking system designed to promote healthy food choices at food banks and pantries. Foods are ranked using the following items from the nutrition label:
 - Saturated fat
 - Sodium
 - Added Sugars
- Food is ranked as Green- Choose Always, Yellow- Choose Sometimes, and Red- Choose Always.
- Why is this important?
 - More than half of the families who visit food pantries have a household members with high blood pressure and one-third have a member with type II diabetes, both of which, can be prevented, managed, and reversed through the foods we eat.

CURRENT CHALLENGES

- Some organizations are reporting that they are experiencing staffing issues, which is leading to project progress slowing down or being stalled.

GOALS FOR NEXT QUARTER

Plan for Q2 2023 (April - June)

- Continue progress on Year 1 activities
 - Complete CHIP partner social media videos
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Work Plan Updates

Priority Area 1: Community Conditions


Strategy 1: Storybook Trails

Objective: By December 31, 2025, establish three Storybook Trails in Lake County municipal, regional, or state parks.

Lead Agency: Lifeline

Measure of Success:

1. Number of trails established

Status Update: One trail in progress in Painesville 

Year 1 Activities

1. Identify funding source
2. Engage libraries and community members in target areas
3. Work with local, state, regional park systems in target area
4. Establish and promote the trails


Strategy 2: Lifeline's Lake County Imagination Library

Objective: By December 31, 2025, increase the number of children enrolled in the Imagination Library to 50% of eligible children, as reported by Ohio's Imagination Library.

Lead Agency: Lifeline

Measures of Success:

1. Percentage of eligible Lake County children participating
2. Number of children in priority zip codes participating
3. Number of outreach events/presentations conducted each year
4. Percentage of annual fundraising goal reached

Status Update: Currently at 50% enrollment 

Year 1 Activities

1. Collect program participation by zip code
2. Set fundraising goal to sustain program and establish fundraising activities
3. Engage with providers in priority zip codes; provide program and referral information
4. Evaluate Year 1 activities


Strategy 3: Supplemental Nutrition Program of Women, Infants, and Children (WIC)

Objective: By December 31, 2025, increase WIC caseload by 10% in all Lake County clinic locations.

Lead Agency: Lake-Geauga WIC

Measure of Success:

1. Number of WIC participants

Status Update: Enrollment increasing across all clinics 

Year 1 Activities

1. Promote WIC services through social media, health fairs/events, mailings, coalitions, etc.
2. Utilize referral systems through Unite Us, Coeffective, and Lake County JFS.

Symbols



Completed/
On Track



Awaiting
Update



Revision May Be
Needed



Interrupted
On Hold

Work Plan Updates

Priority Area 1: Community Conditions


Strategy 4: Lake County Mobile Food Pantry

Objective: By December 31, 2025, ensure that 95% of all available appointments for Lake County's Mobile Food Pantry are full.

Lead Agency: Lifeline

Measure of Success:

1. Percentage of appointments filled per location

Status Update: 100% of appointments full last month 

Year 1 Activities

1. Confirm local food pantry dates and locations in 2023
2. Identify advertising opportunities in priority census tracts
3. Conduct distribution events
4. Confirm funding for calendar year 2024

Symbols



Completed/
On Track



Awaiting
Update



Revision May Be
Needed



Interrupted
On Hold

Work Plan Updates

Priority Area 2: Access to Care


Strategy 1: Improve access to healthcare through creation of workforce pipeline and development opportunities to pursue careers in healthcare. Improve inclusive healthcare access for community members, especially those impacted by high cost due to being uninsured or underinsured with a high deductible to improve referrals to primary care

Objective: By December 31, 2025, create and enhance existing programs for local students to understand and pursue careers in healthcare and address gaps to improve access to healthcare.

Lead Agency: University Hospitals Lake Health

Measures of Success:

1. 50 primary care referrals received
2. 15 career fair/day opportunities attended
3. 15 college scholarships provided
4. 5 new business partnerships created
5. 15 employees using Laketrans

Status Update: Most activities in progress 

Year 1 Activities

1. Utilize community health workers and community partners to improve access and referrals to primary physicians
2. Partner with local schools at career fairs and participate in career days to increase knowledge of opportunities within healthcare
3. Partner with local colleges to promote college internships and career fair participation
4. Provide career shadowing experiences
5. Partner with local business and community partners to create STEM opportunities for early academic engagement
6. Partner with Laketrans to provide transportation to jobs at UH Lake West
7. Address desired raise in qualitative community survey by providing referrals in the community that are inclusive and relatable

Symbols



Completed/
On Track



Awaiting
Update



Revision May Be
Needed



Interrupted
On Hold

Work Plan Updates

Priority Area 2: Access to Care


Strategy 2: Establish a Lake County Healthcare Access Subcommittee.

Objectives: By March 31, 2023, convene the first meeting of the Lake County Access to Healthcare subcommittee. By December 31, 2023, review available supplemental data and identify strategic objectives to complete in 2024 and 2025.

Lead Agency: Lake County General Health District

Measures of Success:

1. Number of subcommittee members
2. Number of strategies identified
3. Number of strategies with documented progress

Progress Update: Meeting Delayed 

Year 1 Activities

1. Convene committee of interested organizations
2. Collect additional data
3. Analyze new data
4. Identify strategies for implementation
5. Create work plans


Strategy 3: Use the Unite Us platform to connect Lake County residents to healthcare providers and community resources/services.

Objective: By December 31, 2025, increase the number of Lake County organizations enrolled in the Unite Us platform by 100%.

Lead Agency: Lake County General Health District

Measures of Success:

1. Number of Lake County providers using Unite Us
2. Number of patient/clients referrals in platform

Status Update: No update on enrollment, need to meet again with Unite Us contact 

Year 1 Activities

1. Health education and resource development
2. Reach out to 20 providers annually (introduce and recruit)
3. Acquire, develop, and standardize bi-annual analytic report to share with partners

Symbols



Completed/
On Track



Awaiting
Update



Revision May
Be Needed



Interrupted
On Hold

Work Plan Updates

Priority Area 3: Mental Health & Substance Use and Misuse


Strategy 1: University Hospitals Lake Health and public health partners address opioids/substance use/misuse and mental health.

Objective: By December 31, 2025 increase knowledge regarding substance use/misuse and associated management, as well as support strategies and improve mental health with a focus on priority populations identified.

Lead Agency: University Hospitals Lake Health, with partnerships from other community organizations

Measure of Success:

1. 50 project DAWN kits distributed
2. 100 pounds of unused drugs collected
3. 6 music therapy guided support groups held with 20 participants
4. 24 community and school education events attended
5. 24 community events for mental health services

Status Update: Strategies in progress. 

Year 1 Activities:

1. Participation in biannual National Drug Take Back Days with University Hospitals Lake Health pharmacists providing education and Project Dawn kits
2. Music therapist guided support groups aimed at mental health supports
3. Depression and suicide awareness events in schools and with community partners
4. Smoking, drug use/misuse, and alcohol use education included at community events and schools
5. Provide community referrals to accessible mental health services at local clinic and offices, with virtual, affordable access


Strategy 2: Initiate a community-wide alcohol use and prevention campaign.

Objective: By December 31, 2025, establish a county-wide alcohol use and prevention campaign using local service providers.

Lead Agency: Lake County ADAMHS Board

Measures of Success:

1. Number of providers utilized
2. Number of clients served
3. Number of presentations
4. Number of social media posts/engagements
5. Number of materials distributed

Status Update: Campaign development in progress 

Year 1 Activities:

1. Use data to identify trends in ETOH use
2. Include content Board presentations
3. Create social media messaging
4. Develop and distribute materials

Symbols



Completed/
On Track



Awaiting
Update



Revision May
Be
Needed



Interrupted
On Hold

Work Plan Updates


Priority Area 3: Mental Health & Substance Use and Misuse

Strategy 3: Expansion of treatment and access for Opioid Use Disorder.
Objective: By December 31, 2025, increase the number of individuals receiving treatment for Opioid Use Disorder.

Lead Agency: Lake County ADAMHS Board

Measures of Success:

1. Number of patients receiving Medication-Assisted Treatment (MAT)
2. Number of providers offering MAT
3. Number of patients receiving withdrawal medications

Status Update: Activities continuing. 

Year 1 Activities:


1. Provide residential treatment through LGRC
2. Provide recovery housing at LGRC
3. Provide prevention screening in the Lake County Courts
4. Provide Jail Treatment Program and Opioid Use screenings in the Lake County Jail

Strategy 4: Assessing and Managing Suicide Risk (AMSR) Screenings
Objective: By December 31, 2025, increase the number of local clinicians trained in Assessing and Managing Suicide Risk (AMSR) and expand ongoing suicide awareness and prevention activities.

Lead Agency: Lake County ADAMHS Board

Measures of Success:

1. Number of clinicians trained
2. Number of screenings conducted
3. Number of organizations receiving training materials

Status Update: Clinicians being screened. 

Year 1 Activities:

1. Contact local providers and provide AMSR trainings for clinicians
2. Promote Crisis Text Line, Crisis Hotline, and Compass Line via social media
3. Expand relationships with faith-based community
4. Partner with organizations who serve individuals at increased risk for suicide

Symbols



Completed/
On Track



Awaiting
Update



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Interrupted
On Hold

Work Plan Updates


Priority Area 3: Mental Health & Substance Use and Misuse

Strategy 5: Strength of Suicide & Signs of Suicide and Sources of Strength Trainings
Objective: By December 31, 2025, increase the number of Lake County schools' staff receiving suicide trainings in the school setting.

Lead Agency: Lake County ADAMHS Board

Measures of Success:

1. Number of trainings implemented
2. Number of schools participating
3. Number of staff trained

Status Update: Will update when new school year begins. 

Year 1 Activities

1. Contact school personnel, in order to schedule and conduct presentations


Strategy 6: School/Site-Based Mentoring

Objective: By December 31, 2025, increase the number of students participating in group mentoring by 20% in Lake County school/site locations.

Lead Agency: Torchlight Youth Mentoring Alliance

Measures of Success:

1. Number of site locations
2. Number of elementary, middle, and high school mentees
3. Number of high school mentors

Status Update: Will have update when new school year begins. 

Year 1 Activities

1. Confirm school/site locations
2. Solicit participation from mentees and mentors
3. Explore new partnerships for mentors
4. Ongoing evaluation of site locations

Symbols



Completed/
On Track



Awaiting
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Interrupted
On Hold

Work Plan Updates

Priority Area 3: Mental Health & Substance Use and Misuse


Strategy 7: Youth-Facilitated Healthy Relationship Pilot Project

Objective: By December 31, 2025, establish a youth-facilitated, school based pilot project designed to promote healthy boundaries and relationships. The program seeks to raise awareness of abusive behaviors, reduce or eliminate abusive behaviors and societal tolerance of them, improve mental wellness, and support healthy choices.

Lead Agency: Forbes House

Measures of Success:

1. Number of students trained as facilitators
2. Number of students participating in groups/guided sessions

Status Update: Staffing changes have led to delays. Will regroup before next school year. 

Year 1 Activities

1. Identify evidence-based program content
2. Train youth facilitators
3. Conduct sessions
4. Evaluate results
5. Modify program content as necessary

Symbols



Completed/
On Track



Awaiting
Update



Revision May Be
Needed



Interrupted
On Hold

Work Plan Updates

Priority Area 4: Chronic Disease


Strategy 1: Community engagement to provide screening, education, and support groups to prevent and/or manage chronic diseases.

Objective: By December 31, 2025, increase prevention and early detection, and knowledge regarding chronic diseases and associated management strategies with a focus on identified priority populations.

Lead Agency: University Hospitals Lake Health

Measures of Success:

1. 36 health screenings conducted in the community
2. 60 community events attended
3. 12 diabetes management support activities health
4. 50 people participating in diabetes management and support groups
5. 5 new partnership opportunities established
6. 20 food insecurity event activities conducted

Status Updates: Activities in the community ongoing. 

Year 1 Activities:

1. Provide screening and/or educational events by promoting free events within the county, at health fairs, hospital screening events, corporations, senior centers, recreation centers, and libraries
2. Provide diabetes management and support groups (goal of 40 participants annually), healthy cooking demonstrations, walking groups/events, wellness support groups, women's and men's health events
3. Partner with key community groups including Leadership Lake County, United Way, Black Lives Matter, NAACP, LGBTQ+ Community, and Senior Focused Organizations, such as the Lake County Council on Aging and the Lake County Commissioners in order to meet the needs identified in the CHNA Community Survey
4. Target at least 1,000 people via corporations, schools, churches, senior centers, community health fairs, recreation centers, and libraries
5. Address food insecurity at community outreach events, farmers markets, free produce distribution in prioritized areas, utilizing community health workers and community partners


Strategy 2: WIC Farmer's Market Nutrition Program

Objective: By December 31, 2025, increase WIC Farmer's Market Nutrition Program (FMNP) redemption rate to 50% per Lake County location.

Lead Agency: Lake-Geauga WIC

Measures of Success:

1. Percentage of Lake County WIC participants who qualify for the FMNP
2. Percentage of Lake County WIC participants who redeem the FMNP coupons

Status Update: Program begins Q2 2023 

Year 1 Activities

1. Distribute coupons to qualifying families
2. Identify new/additional ways to promote FMNP
3. Call WIC participants who have received FM coupons and remind them to redeem them by October 31st
4. Evaluate promotion strategies and redemption results
5. Plan for Year 2

Symbols



Completed/
On Track



Awaiting
Update



Revision May
Be
Needed



Interrupted
On Hold

Work Plan Updates

Priority Area 4: Chronic Disease


Strategy 3: Healthy Food Access in Food Pantries

Objective: By December 31, 2025, assist five Lake County food pantries with developing nutrition policies and plans.

Lead Agency: Lake County General Health District

Measures of Success:

1. Number of policies implemented
2. Number of clients served per food pantry

Status Update: St. Gabe's food pantry policy near completion 

Year 1 Activities:

1. Identify food pantries in zip codes scoring higher on food insecurity index, engage stakeholders, assess existing policies, provide tools and resources to enable successful policy implementation


Strategy 4: Access to Tobacco Cessation Services

Objective: By December 31, 2025, increase the number of referrals by 10% for tobacco cessation programs, through either the Ohio Tobacco Quitline or My Life My Quit.

Lead Agency: Lake County General Health District

Measures of Success:

1. Number of referral partners/programs
2. Number of referrals

Status Update: Awaiting referral numbers from ODH. 

Year 1 Activities

1. Identify tobacco cessation programs and providers in Lake County, engage providers, assess existing referral process, provide tools and resources to enable an increase in referrals
2. Evaluate results


Strategy 5: Tobacco Retail Licensing

Objective: By December 31, 2025, pass and implement a tobacco retail license ordinance in one Lake County municipality.

Lead Agency: Lake County General Health District

Measures of Success:

1. Number of policies implemented

Status Update: Minimal interest from target city at this time. 

Year 1 Activities

1. Identify the largest city in Lake County that has the highest population of residents, identify stakeholders, look at existing policies in other Ohio cities, provide tools and resources to enable successful policy implementation

Symbols



Completed/
On Track



Awaiting
Update



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On Hold