

2020 - 2022 LAKE COUNTY  
COMMUNITY HEALTH IMPROVEMENT PLAN

# Quarterly Report

## Q1 2022



# Quarterly Report Structure & Process

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The goal of these quarterly reports is to provide public-facing status updates related to the 2020 - 2022 Lake County Community Health Improvement Plan (CHIP) in a timely manner.

All 2020 to 2022 Lake County Community Health Improvement Plan partner organizations, community stakeholders, and interested community members will meet quarterly to report progress toward identified strategies, discuss opportunities to revise or enhance current strategies, and review any emerging Lake County health trends.

Annually, the group will review emerging Lake County health data and determine if revisions to priority areas or selected strategies is warranted. An annual progress update will be issued and widely distributed by Lake County General Health District.

You can find the initial CHIP and other updates for you review under the Health Reports tab at <https://www.lcghd.org/reports/>.

## QUARTERLY REPORTS WILL INCLUDE:

- Recap of the previous quarter
- Milestones and roadblocks
- Goals for the coming quarter
- Progress-to-goal overview chart
- Breakouts of each workplan with updates
- Any additional notes and callouts pertinent to the success of the CHIP

# CHIP Overview

## Q1 2022 Recap & Summary

### MILESTONES

#### Achievements from the previous quarter

- A: Red Raider Gardens at Elm, a Painesville community and school garden sponsored by Lake County General Health District and spearheaded by the OSU Extension Master Gardeners, is making progress and breaking ground in Q2 2022
- B: The Community Health Needs Assessment data has been collected and is being processed by a contracted partner to be condensed into an initial report in Q2 2022

### ROADBLOCKS

#### Current challenges and potential solutions

- A: Some workplans continue to be paused or altered due to COVID-19
- B: The team was again not able to meet in-person due to COVID

### GOALS FOR NEXT QUARTER

#### Plan for Q2 2022 (April - June)

- A: Continue progress on Year II activities
  - B: Actively participate in CHNA process
  - C: Prepare to plan for the next iteration of the CHIP
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# CHIP Progress

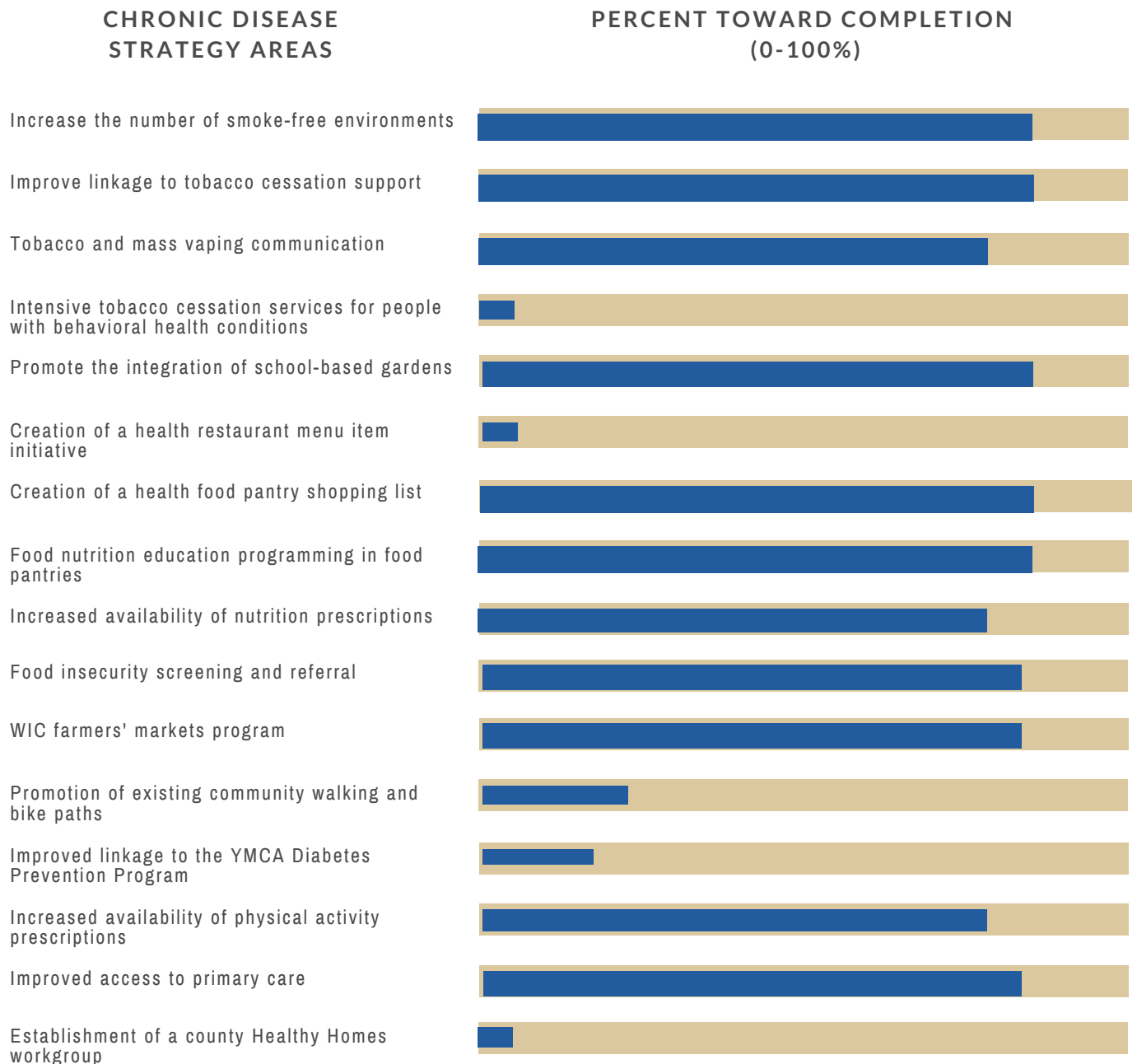
## Priority Areas & Strategies

### PRIORITY AREA 1:

# CHRONIC DISEASE

### Lake County CHIP Priority Outcomes

1. Reduce diabetes
2. Reduce heart disease
3. Reduce high blood pressure
4. Reduce obesity



# CHIP Progress

## Priority Areas & Strategies

PRIORITY AREA 2:

# MENTAL HEALTH & ADDICTION

## Lake County CHIP Priority Outcomes

1. Reduce suicide deaths
2. Reduce substance use disorders
3. Reduce drug overdose deaths

### MENTAL HEALTH & ADDICTION STRATEGY AREAS

### PERCENT TOWARD COMPLETION (0-100%)

Increase school-based suicide awareness and education programs



Promote suicide crisis hotlines and cell phone-based support



Local suicide coalition support of evidence-based strategies



Enhanced utilization of and education regarding Medication-assisted Treatment (MAT)



Enhanced naloxone access and training



# Work Plan Updates

## Priority Area 1: Chronic Disease




**Strategy:** Increase the number of smoke-free environments in Lake County by supporting the adoption of at least three smoke-free policies for indoor areas, outdoor area, and smoke-free multi-housing units.

**Lead Agency:** Lake County General Health District

**Measure of Success:**

1. Number of smoke-free policies created and adopted in Lake County

**Year 3 Activities**

1. Identify target areas stakeholders and decision makers 
2. Continue to schedule meetings, educate stakeholders, and advocate for policy change 
3. Support the adoption of at least one smoke-free policy in Lake County 





**Strategy:** Improve linkage to tobacco cessation support services for Lake County residents seeking cessation services by increasing the number of organizations providing Quitline or cessation referrals

**Lead Agency:** Lake County General Health District

**Measures of Success:**

1. Number of referral organizations
2. Number of client referrals
3. Number of Quitline calls by Lake County residents

**Year 3 Activities**

1. Continue to provide provider education on cessation services to increase number of referring organizations 
2. Continue monitoring Quitline calls 
3. Implement client follow-up system 
4. Evaluation activities and modify as needed 


**Strategy:** Implement a mass communication plan in Lake County to address tobacco use, including vaping

**Lead Agency:** Lake County General Health District

**Measures of Success:**

1. Number of events that vaping information is shared
2. Number of presentations provided to priority population groups
3. Utilization of My Life My Quit service for youth

**Year 3 Activities**

1. Continue identified strategies 
2. Continue to evaluate effectiveness of strategies and modify as needed 

**Symbols Key:**



Completed/  
On Track



In Progress



Waiting On Updates/  
Could Be Revised



Interrupted  
On Hold

# Work Plan Updates

## Priority Area 1: Chronic Disease



**Strategy:** Amend United Way of Lake County's current food pantry "most wanted items" list to include healthy food options

**Lead Agency:** United Way of Lake County

**Measure of Success:**

1. Number of food pantries using healthy food options list
2. Pounds of food donated identified as healthy foods

**Year 3 Activities**

1. Continue to revisit food pantry list and revise as needed 
2. Continue to measure the number of pounds of healthy food donated during the Feed Lake County food drive 




**Strategy:** Increase opportunities to access nutritious food and education around healthy food for seniors in Lake County by establishing three senior produce markets

**Lead Agency:** Lifeline

**Measures of Success:**

1. Number of sites participating in the Senior Market Program
2. Number of participating clients

**Year 3 Activities**

1. Continue to operate established Senior Market Program sites 
2. Continue to operate Mobile Pantries 
3. Begin to implement education pieces, like recipes, food storage, etc. 
4. Continue to evaluate and modify as needed 

**Strategy:** Increase the availability of physician nutrition prescriptions among Lake Health patients with diabetes, heart disease, and/or high blood pressure





**Lead Agency:** Lake Health

**Measures of Success:**

1. Number of patients receiving nutrition prescriptions
2. Number of patients compliant with nutrition prescriptions

**Year 3 Activities**

Diabetes, High Blood Pressure, and Heart Disease Patients:

1. Continue to assess programmatic effectiveness, and revise as needed 
2. Inpatient and PH coordinators continue to implement screening process to assess nutrition status 
3. Continue to refer patients that meet criteria for nutrition prescriptions 
4. Ambulatory and wellness CDE teams continue to follow referred patients to assess compliance 

**Symbols Key:**



Completed/  
On Track



In Progress



Waiting On Updates/  
Could Be Revised



Interrupted  
On Hold

# Work Plan Updates

## Priority Area 1: Chronic Disease

**Strategy:** Screen Lake Health patients for food insecurity and provide referrals as appropriate






**Lead Agency:** Lake Health

**Measure of Success:**

1. Number of patients screened for food insecurity
2. Number of patients screened as high-risk for food insecurity
3. Number of patients referred for post-discharge 2-week meal program

**Year 3 Activities**

Diabetes, Hypertension and Heart Disease Patients Patients:

1. Continue to assess programmatic effectiveness and revise as needed 
2. Inpatient and PH coordinators continue to implement screening process for assessing food availability 
3. Continue to refer patients for post-discharge two week meal program 
4. Continue to assure qualifying patients receive meals 
5. Continue to connect patients to community services 


**Strategy:** Increase fruit and vegetable consumption in WIC participants by improving participation in Lake-Geauga WIC's Farmers Market Program

**Lead Agency:** Lake-Geauga WIC

**Measures of Success:**

1. Number of farmers' markets hosting WIC booths onsite
2. Number of farmers' market vouchers distributed per WIC clinic location
3. Number of farmers' market vouchers redeemed per clinic site
4. Number of educational materials distributed



**Year 3 Activities**

1. Continue to make contact with market managers and confirm dates for WIC to distribute vouchers onsite 
2. Continue to update marketing strategy as needed 
3. Continue to conduct at least two interactive market activities and one food demonstration 
4. Continue to monitor educational events 
5. Continue to evaluate WIC redemption reports 





**Strategy:** Implement school vegetable gardens in at least three new Lake County schools

**Lead Agency:** LCGHD

**Measures of Success:**

1. Number of new school vegetable gardens implemented 
2. Number of new community partnerships created 

**Year 1 Activities**

1. Pilot school vegetable garden at Willoughby-Eastlake Success Academy 
2. Seek additional partners to expand program 
3. Explore funding opportunities to expand pilot 
4. Evaluate success of pilot program 

**Symbols Key:**



Completed/  
On Track



In Progress



Waiting On Updates/  
Could Be Revised



Interrupted  
On Hold



# Work Plan Updates

## Priority Area 1: Chronic Disease




**Strategy:** Increase referrals to the Lake County YMCA's Diabetes Prevention Program (DPP)

**Lead Agency:** Lake County YMCA

**Measures of Success:**

1. Number of program referrals
2. Total participants enrolled in program
3. Total participants completing program

**Year 3 Activities**

1. Continue to engage existing referral partners 
2. Continue to provide education to new referral organizations 
3. Increase referrals over 2020 referral count 

**Strategy:** Lake Health clinical-provided physical activity prescriptions





**Lead Agency:** Lake Health

**Measures of Success:**

1. Number of patients receiving physical activity prescriptions
2. Number of patients compliant with physical activity prescriptions

**Year 3 Activities**

Diabetes, High Blood Pressure and Heart Disease Patients:

1. Continue to assess programmatic effectiveness and revise as needed 
2. Inpatient and PH coordinators continue to implement screening process to assess physical activity status 
3. Continue to refer patients meeting criteria to cardiac, pulmonary rehabilitation, or wellness campus for assessment and prescription 
4. Continue to assess patient compliance 





**Strategy:** Improve access to comprehensive primary care among Lake Health patients with heart disease, diabetes, high blood pressure, and/or a mental or behavioral health diagnosis

**Lead Agency:** Lake Health

**Measure of Success:**

1. Number of uninsured patients presenting to acute care settings
2. Number of insured patients presenting to acute care settings
3. List of community-based care coordination services available

**Year 3 Activities**

1. Continue to assess initiative effectiveness 
2. Continue to identify uninsured patients presenting to acute care settings 
3. Continue to refer patients to insurance counselors and social workers, and ensure enrollment completion 
4. Continue to implement two community-based care coordination strategies 

**Symbols Key:**



Completed/  
On Track



In Progress



Waiting On Updates/  
Could Be Revised



Interrupted  
On Hold

# Work Plan Updates

## Priority Area 2: Mental Health and Addiction




**Strategy:** Expand school-based suicide awareness and education programs (e.g. GAHTAH, Ending the Silence, Motivational Speakers) in all Lake local K-12 schools

**Lead Agency:** Alcohol, Drug Addiction, and Mental Health Services Board

**Measure of Success:**

1. Number and types of schools engaged (e.g. public/private, elementary, middle, and high)
2. Number and percentage of students participating

**Year 3 Activities**

1. Continue to contact school personnel and confirm presentations 
2. Provide presentations to seven public school districts and one private school district 
3. Continue to evaluate effectiveness and acquire feedback 




**Strategy:** Initiate a county-wide suicide prevention and awareness campaign for suicide crisis hotlines and cell-phone-based support (i.e. National Crisis Text Line, Lake County Crisis Hotline, #988)

**Lead Agency:** Alcohol, Drug Addiction, and Mental Health Services Board

**Measures of Success:**

1. Number of organizations displaying information
2. Number of promotional activities per support method
3. Number of texts to National Crisis Line
4. Number of calls to Lake County Crisis Line
5. Number of service referrals
6. Number of Lake County #988 calls

**Year 3 Activities**

1. Continue to expand number of companies displaying information 
2. Continue with advertising campaign 
3. Continue to distribute promotional materials 




**Strategy:** Suicide Prevention Coalition will engage businesses, churches, and civic organizations in evidenced-based training (i.e. Question, Persuade, Refer (QPR))

**Lead Agency:** Alcohol, Drug Addiction, and Mental Health Services Board

**Measure of Success:**

1. Number and types of organizations engaged
2. Number of gatekeepers trained

**Year 3 Activities**

1. Continue to contact organizations to confirm trainings 
2. Provide 24 trainings to Lake County organizations 
3. Evaluate effectiveness and acquire feedback 

**Symbols Key:**



Completed/  
On Track



In Progress



Waiting On Updates/  
Could Be Revised



Interrupted  
On Hold

# Work Plan Updates

## Priority Area 2: Mental Health and Addiction





### Strategy: Implement MAT in the Lake County Jail

**Lead Agency:** Crossroads Health

**Measures of Success:**

1. Number of individuals receiving withdrawal management comfort medications
2. Number of individuals receiving MAT
3. Number of individuals engaging in treatment post-release
4. Number of individuals with evidence of follow through with aftercare instructions
5. Number of individuals re-entering jail program within one year

**Year 2 Activities**

1. Continue gatekeeper program to screen all individuals entering jail 
2. Continue to provide withdrawal management comfort medications and MAT 
3. Continue to refer individuals for treatment post-release 
4. Ensure evidence-based practices are incorporated into the intensive outpatient treatment program 



### Strategy: Increase naloxone access to high-risk populations via Project DAWN

**Lead Agency:** Lake County General Health District

**Measures of Success:**

1. Number of Project DAWN distribution sites
2. Number of naloxone kits distributed
3. Number of refill kits distributed

**Year 2 Activities**

1. Expand Project DAWN by providing naloxone kits to the Lake County Quick Response Team for clients 
2. Partner with harm reduction programs in the county to distribute naloxone 

**Symbols Key:**



Completed/  
On Track



In Progress



Waiting On Updates/  
Could Be Revised



Interrupted  
On Hold

# Paused Work Plans due to COVID-19

**Strategy:** Expand access to evidence-based tobacco cessation treatments and medications, including individual, group, and phone counseling (including Quitline) to Lake County tobacco users and those seeking behavioral health services by providing cessation services onsite

**Lead Agency:** Lake County General Health District

**Measure of Success:**

1. Number of clients receiving treatment
2. Number of Quitline calls
3. Number of clients successful using medications
4. Number of cessations providers in Lake County
5. Number of agencies trained to provide or refer treatment

**Year 1 Activities**

1. Establish partnerships to provide cessation onsite for both uninsured and insured clients
2. Quarterly tracking of Quitline calls, clients seen by LCGHD, as well as provider partners

**Strategy:** Promotion of existing community walking and bike paths within Lake County municipalities

**Lead Agency:** Unassigned

**Measure of Success:**

1. Number of walking and bike paths identified
2. Number of walking and bike paths mapped with GIS
3. Number of walking and bike paths promoted in their respective political subdivision

**Year 3 Activities**

1. Actively promote identified walking and bike path resources

**Strategy:** Creation of a Lake County healthy restaurant menu entrée item initiative priced at \$10 or less

**Lead Agency:** HChoices

**Measures of Success:**

1. Number of Lake County restaurants adopting a healthy menu item
2. Provide menu guidance on potential health restaurant menu entrée options

**Year 1 Activities**

1. Recruit Lake County restaurants to participate in the health menu entrée initiative
2. Provide menu guidance on potential healthy restaurant menu entrée options

**Strategy:** Establish a Healthy Homes Workgroup in Lake County convening local building, zoning, and city officials to review and revise local housing regulations and policy

**Lead Agency:** Lake County General Health District

**Measures of Success:**

1. Number of political subdivisions represented
2. Number of existing policy and/or regulation gaps identified
3. Number of new or revised policies and/or regulations proposed
4. Number of changes adopted by political subdivisions

**Year 1 Activities**

1. Determine appropriate committee members and convene committee
2. Determine scope of problem, gap, or antiquated policies
3. Identify target areas